# I'M NOT GOD

### **BACKSTORY**

Sal is connected to Marty through an extraordinary circumstance. Sal was a disk jockey who said very provocative things to a mentally unstable person who went out and shot innocent people in a crowded restaurant. One of the victims was the love of Marty's life. Ever since the tragedy, Marty has been living in a fantasy world, claiming to be on a quest for the Holy Grail, claiming that Sal must help him find it. Sal and Marty met by chance on the streets of the city, and formed an unlikely friendship.

# PREVIOUS CIRCUMSTANCES

Sal is visiting Marty in a mental hospital. Marty is catatonic and unresponsive after being beaten up by a group of street thugs. Sal feels that somehow he can get Marty out of his catatonia by retrieving the Holy Grail.

#### **SAL**

Hi ... it's Sal. How are you doing? You look good ... you do. Hey ... you gonna wake up for me? Huh? [No response] You think you're going to make me do this, don't you? Well, forget it! No fucking way! I don't feel responsible for you, or for any of them! Everybody has had bad things happen to them ... I'm not God. I don't decide ... people survive. [Beat] Say something! [No response - Val begins to pace] I have an incredible fucking life, don't lay there in your comfortable little coma and think I'm about to risk all of that because I feel responsible for you! I am not responsible! I do not believe in this. There is nothing - NOTHING special about me! I control my own destiny. I say what I'm going to do and I am not risking my life to get some fucking cup for some fucking vegetable. And even if I do this, I want you to know it wouldn't be 'cause I feel guilty or cursed or ... bad or responsible or anything. [Pause] Aw, shit ... if I do this ... and I mean IF ... it's because I want to do this ... for you. That's all! For you! Don't go anywhere ... huh?

# **EMOTIONAL FLEXIBILITY EXERCISE**

- 1) Emotional/sense memory of a time when you felt forced into something you did not want to do.
- 2) Personalization: someone you have both love and hate for.
- 3) Sensory condition: overall of heavy weight on your back.