

DON'T YOU WORRY

BACKSTORY

Sal is the head trauma surgeon at the busiest hospital in Los Angeles. A scaffolding collapsed right in the middle of morning rush hour, injuring at least twenty people. Sal and his/her team has been receiving patients.

PREVIOUS CIRCUMSTANCES

Mr. Wilson is in shock after having his hand almost completely severed by the accident. His is in a full 3 piece suit with a bloody towel wrapped round his right hand. Sal notices the severity of Mr. Wilson's condition and calls upon his/her team to spring into action.

SAL

Come on, come on, get him in here - - how you doing, sir? Everything's gonna be fine. Is it your hand? *[Marty nods weakly]* Okay, let's have a look at it. Light. LIGHT! *[Someone from the team turns on the light - Sal takes a quick look at Mr. Wilson's wound]* Let's get moving now. Sorry about your suit, sir. You'll be fine, Mr. Wilson, just think pleasant thoughts. *[To team]* Let's have a crit and count, cross match and get it to the bank, we got a pre-op here, notify the OR and get us a room, call vascular ... *[glancing at hand]* ... and call orthopedic, get them hopping, this is their lucky day. Your hand is still attached, Mr. Wilson - - not by much but it'll be okay. We're gonna save your hand, don't you worry about a thing.

EMOTIONAL FLEXIBILITY EXERCISE

- 1) Emotional/sense memory of a time when there was no room for failure.
- 2) Personalization: someone you want to save from all their troubles.
- 3) Sensory condition: overall of a person or people that you need to have your back - place on the forth wall.