

## ***YOU MADE ME LOVE YOU***

### **BACKSTORY**

Sal and Marty are an unlikely couple, from two completely different worlds. Sal is from the mean streets of the city, passionate and aggressive and Marty is ultra conservative and repressed. Their paths crossed in the midst of a huge argument they found themselves in on the street the night before.

### **PREVIOUS CIRCUMSTANCES**

Their attraction was undeniable and they wound up in bed together at Marty's apartment. It is the morning after and Sal expresses his/her feelings for Marty. Marty is mortified and can't help but push Sal away. Sal is getting dressed to leave.

### **SAL**

You can try to insult me - it's impossible, you know why? It's all your fault. I mean it's all your fault I'm in love. It's true - you made me love you. Shit, I think that's a song, right? Anyway, you can't insult a person who's in love. You can't do anything to them because they're so light - you can throw them off the roof and they'll float to the ground. I know a lot about love. This is different. I love you in a deep quiet way - like a river. Do you have a headache? Should I call the doctor? All right - all right, you win. I'm going. I'll call you later. You can always just hang up on me if you don't want to talk to me. There's some fizz powder on the dresser. It gets into the bloodstream faster than aspirin. Take it - and I'll call you tonight.

### **EMOTIONAL FLEXIBILITY EXERCISE**

- 1) Emotional/sense memory when you were deeply in love and wanted to world to know it.
- 2) Personalization: someone who you want to rescue.
- 3) Sensory condition: overall of a warm shower.