

ISN'T THAT A WONDERFUL DREAM?

BACKSTORY

Sal is an unemployed actor in New York City. Sal is helping Marty put the pieces of his/her life together after Marty returns from rehab for alcohol addiction.

PREVIOUS CIRCUMSTANCES

Sal is at Marty's apartment waiting for guests to arrive for an impromptu gathering to support Marty's recovery. Sal is preoccupied with his/her career struggles and an audition that he/she has to attend later in the evening.

SAL

I won't get this job tonight. They'll turn me down. I'm auditioning for some nineteen year old putz producer who has seventy-five thousand dollars and a drama degree from Oklahoma A&M. First time he walked into the theater he fell off the stage, broke two ribs ... some chance an intelligent actor has today. Oh God, I want to be a star so bad. Not a little star. I want to be a big star with three agents and two lawyers and a business manager and a press agent and then I'd fire all of them and get new ones because I'm such a big star. And I'd make everyone pay for all the years I've poured into this business. I wouldn't do benefits, I wouldn't give money to charity. I'd become one of the greatest shit heels of all time. Isn't that a wonderful dream, Marty?

EMOTIONAL FLEXIBILITY EXERCISE

- 1) Emotional/sense memory of a time when you absolutely refused to give up.
- 2) Personalization: someone who believes in you.
- 3) Sensory condition: overall of the image of your dream - place on the 4th wall.