

GET OFF MY FUCKING BOAT

BACKSTORY

Sal is a massively successful and rich stock broker and the owner of his/her own firm. Over the years, Sal has engaged in every illegal maneuver know to mankind in order to become the top investment bank in NYC. Now, the past is catching up with Sal, as the FBI begins to investigate Sal.

PREVIOUS CIRCUMSTANCES

Sal is on his/her Yacht, enjoying a beautiful Saturday afternoon with the skyline of Manhattan all around him/her. Marty, an FBI agent, has interrupted Sal's day to ask some probing questions. Sal takes the opportunity to put Marty in his place.

SAL

That's one thing I like about what I do, is the opportunity to make things right. Take this kid we had interning this year. His mom gets sick, all they can afford is third rate care. Some of us got together, made an investment on his behalf and - - boom - - overnight everything changes, she's seeing the best doctors in the country. Sadly, didn't work out, she passed but still: having the power to do that makes all the other bullshit worth while. I can change a life almost every day. That intern made north of half a million on that deal. *[Pause]* I did a background check on you. Figured you were looking into me, was only fair. Plus you sail on a yacht fit for a Bond villain, sometimes you gotta act the part. Anyway, Marty - - thanks for coming down. Now get off my fucking boat.

EMOTIONAL FLEXIBILITY EXERCISE

- 1) Emotional/sense memory of a time when you refused to be intimidated.
- 2) Personalization: someone you would love to squash like a bug.
- 3) Sensory condition: overall of feeling larger than life