

LIAR

BACKSTORY

Sal is a rising star journalist, passionate about getting stories that the mainstream press would refuse to allow Sal to pursue: exposing corruption and conspiracy at the deepest levels of government. Sal has been regularly interviewing Marty, who works for the National Security Agency.

PREVIOUS CIRCUMSTANCES

Sal has been interviewing Marty about “Operation Blackwatch”, which Sal has been closing in on as a corrupt internet firewall application that would keep all criminal online activity completely secret. Jimmy Allen, was apparently killed in active duty - however, Sal suspects that Jimmy Allen was murdered and that the hands of his own colleagues. After days of interviews, Sal finally confronts Marty. Marty says, “I’m not sure what you think you might know ...” and Sal interrupts:

SAL

Oh, I know a lot of things. I know you’re a liar. And I know you’re a murderer. I know you like to have sex with people that aren’t your husband. And I know that some of those people work, or have worked, for this agency. I know you killed Jimmy Allen because he was about to go public with his concern about Operation Blackwatch - - and about his affair with you. I know your husband did the dirty work, and you, using your prodigious talents, orchestrated the cover-up. Furthermore, I know that this is not the first, nor the only time you’ve ever done this. In short, Marty, I know that you - with your high powered job, the perfect image of the perfect wife with the perfect family living the perfect life - - are not what you seem.

EMOTIONAL FLEXIBILITY EXERCISE

- 1) Emotional/sense memory of a time when you demanded to know the truth.
- 2) Personalization: someone who lied to your face.
- 3) Sensory condition: overall of a bad smell.