

MY FRIEND TUG

BACKSTORY

Sal is a dangerous drug kingpin holding Marty hostage for breaking one of Sal's best client's noses and threatening to expose Sal's operation to the cops.

PREVIOUS CIRCUMSTANCES

Tug, one of Sal's henchman - stands ready to beat Val within an inch of his life.

SAL

I'll be damned if you're gonna go breaking my best client's noses and expect me to play sandbag. Anyway, you were sniffing me out before then, right? Sniffing for me like a vampire bat for a horse with a nick on its ear he can suck on. They do that. *[Sal pauses]* So now you get Tug to bring you here, and you say to me that you were about to spill the beans about my street address to the cops? So what the hell with all of that, Marty? You need to do better than that - you've got to use your noggin. Assess the situation. So yeah, you're not scared of me, I got it. But I'm also thinking you're a little nuts now. But nuts isn't all bad, so maybe it was a good play on your part. I don't know. However, my friend - - you put me and my friend Tug here in a tough spot. So, I'm going to let you decide - should we work together and see how it goes, or should I kill you right here and now? Better hurry up and answer, because it looks like my friend Tug here is getting itchy.

EMOTIONAL FLEXIBILITY EXERCISE

- 1) Emotional/sense memory of a time when you confronted a situation you did not trust.
- 2) Personalization: someone you need to put in their place.
- 3) Sensory condition: overall of disgust - bad smell