

# ***YOU DESTROYED EVERYTHING***

## **BACKSTORY**

Sal is an actor in Hollywood, slowly but surely climbing the ladder like many other hopeful actors in Hollywood. Sal has been recently getting more important auditions for bigger and projects.

## **PREVIOUS CIRCUMSTANCES**

Sal has entered the audition room for a lead role in a major feature film - the Casting Director, Director, Producers and the reader are all there, eagerly awaiting Sal's audition. Unfortunately, Sal has just gotten off the telephone with his/her lover, who has told Sal that he/she is in love with someone else. Sal struggles to keep it together, but ironically, the incident fits perfectly into the scene that Sal has to read.

## **SAL**

My name is Sal Messenger and I'm reading for Marty. *[Sal awkwardly turns around to show his/her profiles and is mortified. The Casting Director says, "Whenever you're ready."]* Do you love him/her? Bullshit. I see the way you look at him/her. The desire ... you've never looked at me like that. Look me in the eyes and tell me ... do you love him/her? Say it. *[Reader: You're acting crazy.]* Maybe I am crazy. Crazy to have thought that we could ever be something more than this. *[Sal begins to find more freedom as Sal expresses more and more of the truth]* You wouldn't know real love, even if it hit you between the eyes. We used to be something. Something spectacular. Now ... it just feels like a fucking waste. What do I gotta do? Tell me. Why won't you love me? You destroyed everything. *[Sal storms out of the room, leaving everyone speechless]*

## **EMOTIONAL FLEXIBILITY EXERCISE**

- 1) Emotional/sense memory of a time when you were betrayed and rejected.
- 2) Personalization: someone who played you for a fool.
- 3) Sensory condition: overall of a place where the pressure was on you to be great.