DAREDEVIL TRIO

BACKSTORY

Sal is a member of the YouTube sensation "Daredevil Trio", three thrill seekers who jump off of skyscrapers with parachutes randomly in the middle of the night and film themselves with "GoPro" cameras for the world to see. "Daredevil Trio" have millions of followers and fans. Sal's teammate Marty was recently killed after his/her parachute failed to open during their last jump. Marty's death was captured live on video.

PREVIOUS CIRCUMSTANCES

Sal is giving the eulogy at Marty's memorial. It is filled with Marty's family and friends, and video of the service is going out live to "Daredevil Trio's" millions of fans.

SAL

Welcome, everyone, to Marty's US Memorial, and to everyone watching on the Daredevil Trio's YouTube channel. Big condolences. Cameras are over there. Everybody wave. Thank you. Yes, that one. [The mourners comply] Appreciate it. I'd like to give a quick shout out to our sponsor, Mountain Dew Code Red: "Chug the Rush" [Pause] At a certain point, you have to take a moment ... and wonder, "why do we do this?" Why do we risk our lives for no reason? Are we thumbing our noses at a society that tells us to sit in a cubicle and stare at a computer? Is that why? Just wondering over and over: why? Why? Why? Why? Why do we do this? Why? Why? Why? Is it the thrill? Why? [Pause] Why? I'll tell you why. Because we ... will never ... stop. We - will - never - stop. Say it. [Sal says it with the mourners] We - will - never - stop. We will never stop drinking Mountain Dew Code Red. [Pause] I'm the one who packed his/her chute. But I know he's/she's not mad.

EMOTIONAL FLEXIBILITY EXERCISE

- 1) Emotional/sense memory of a time when you questioned your life's purpose.
- 2) Personalization: someone you lost and miss.
- 3) Sensory condition: overall of a place where you are surrounded by support and love.