

I'M THE HERO

BACKSTORY

Marty, a charming devil, arrives in the quiet village of Edmonton to bargain for the souls of its residents in exchange for their darkest wishes. Marty feels that this struggling, working class town will be an easy target, forcing the residents to debate how much their souls are worth when hope is hard to come by.

PREVIOUS CIRCUMSTANCES

Sal is Marty's first target - - Marty tracks Sal down in a local bar, where Sal is having a cocktail after work. Sal knows what it's like to not have enough, and he/she has his/her sights set on a different future. Marty strikes up a conversation with Sal and reveals to Sal that he is the devil without hesitation. Sal gets very eager and excited to put Marty in his place.

SAL

This is the part where you tempt me! And I say no, because I'm good, because I'm the hero, always been a special child, poor but virtuous, sort of a Noble Working Class individual, and my mother said to me: "Sal, you must be the example for your brothers and sisters," and I was. I was also very good at sports (that was later on), and horseback riding (also later on). And so, my whole life, people have been holding me up and saying: "Look at Sal - Sal is special." And I know they're right, there's something inside me that's incredible rare and incredibly special, and it's my job to foster that thing, encourage that thing. And even when we had nothing to eat, my mother always said: "Sal, you are destined for greatness," and so here you are, and it's your job to say: "Sal, let me tear you down." But it's my job to say NO, and so the answer is ... NO.

EMOTIONAL FLEXIBILITY EXERCISE

- 1) Emotional/sense memory of a time when you refused to let anyone get in the way of your dreams.
- 2) Personalization: someone that tries to keep you down.
- 3) Sensory condition: overall of sensation of a bright, pure light shining all around you.