

## ***YOU DON'T LIKE ME***

### **BACKSTORY**

Sal and Marty have been married for eleven years. For Marty, it's his/her second marriage. Marty has a young child, Jake, from a previous marriage. Sal has been struggling for the entire marriage to live up to Marty's expectations, but it seems futile as Marty's first failed marriage still haunts him/her. Sal has become the target of Marty's unexpressed anger. In spite of being treated so badly, Sal still deeply loves Marty. Also, Sal's own personality leaves much to be desired: Sal is rude and crude, and lacking in social skills - - yet, Sal has always owned up to his/her shortcomings.

### **PREVIOUS CIRCUMSTANCES**

Sal and Marty are at the wedding at a relative's home. Marty is drunk and has made a scene, lashing out at Sal. Sal leads Marty into the house to work out their differences in private. They are in the kitchen, and Marty begs Sal, "Please, just leave me."

### **SAL**

I have a little speech that's building here ... now, I am here, and I do things. I pick up Jake from shit, I make desert for Easter, I organize the downstairs toilet, I fired the humming cleaner! I put up all your certificates and I don't make you feel guilty for not having sex with me. I'm not a bad person, I just have a bad personality, it's not my fault. Some people are born with FUCKED personalities. Look at Jake - he is so creepy, it's not his fault! Why the bassoon - - you want to know what the bassoon is - it's a cry for help! The main fucking problem here is that you don't like me. And that has been breaking my fucking heart for eleven years. [*Pleading*] I love you - - I make you laugh - I'm a douche, but I make you laugh - you said that was the most important thing. I think the thing that you hate most about yourself is that you actually love me. So, I am not going to leave you until you get down on your knees.

### **EMOTIONAL FLEXIBILITY EXERCISE**

- 1) Emotional/sense memory of a time when you fought for a relationship.
- 2) Personalization: someone who is completely blind.
- 3) Sensory condition: overall of a fire in your belly. Endow as a deep passion.